Casting for Recovery helps women who have been diagnosed with breast cancer to understand the benefits of exercise and the physical and mental health benefits of fishing. The program includes fishing trips, workshops, and retreats designed to help women recover from the physical and emotional challenges of breast cancer treatment.

**Goals**

- To help women build self-esteem through fishing and art therapy.
- To provide a fun environment for learning and practicing therapeutic skills.
- To provide a supportive setting for healing.
- To help women understand the benefits of exercise and the importance of healthy living.

**How to Apply**

1. Visit www.castingforrecovery.org or call our toll-free number 1-888-335-3500 for more information or to apply.
2. Fill out the application form online or by mail.
3. Applications are reviewed by the Women's Recovery Task Force.
4. Participants are selected for a retreat based on their needs and the availability of resources.

**Cost**

Casting for Recovery's retreats are offered at no cost to women at any stage of breast cancer treatment. Participants pay for travel and accommodations.

**Fishing and Art Therapy**

- Fishing trips are offered at no cost to participants.
- Art therapy workshops are provided to help participants express their emotions and coping mechanisms.

**Retreats**

- 24-hour retreats are offered at no cost to participants.
- Retreats are held at various locations across the United States.

**Supporting Breast Cancer Survivors**

Casting for Recovery's mission is to help women who have been diagnosed with breast cancer to live a healthy, active, and fulfilling life. The program provides a community of support and resources for women at every stage of their journey.

**Contact**

info@castingforrecovery.org or call our toll-free number 1-888-335-3500 for more information.
Casting for Recovery

Casting for Recovery is a non-profit organization that provides fishing opportunities for women in recovery from substance abuse. The program aims to help women in recovery by providing a therapeutic and rewarding experience through fishing. Participants benefit from increased self-esteem, improved social skills, and reduced stress levels.

To get involved in the Casting for Recovery program, visit their website at www.castingforrecovery.org or contact them at 1-888-533-5500. TheySearching for recovery - CFR equal partners in what we are doing.

Casting for Recovery - Our Partnership building survivors building survivors

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We Need Your Help, We Can't Do This Alone

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More Ways to Help

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“Fly fishing is a metaphor for how we will live our lives after breast cancer: stay focused and aware of what surrounds us, move slowly with grace, and be fully present in what we are doing.”

- CFR retreat participant

Casting for Recovery
guiding survivors one woman at a time

www.castingforrecovery.org