

### How to find a breast cancer support group

For women and their families, a diagnosis of breast cancer can be overwhelming. Support groups can provide a confidential and supportive arena where the many challenges of living with cancer can be shared with others with similar experiences. Young women have specific needs that may not be the same as their older counterparts. Some young women find that being in groups with older women is not worthwhile or helpful. Others find that a support group that may have older women in it only provide one aspect of a broader support network. Unfortunately, for many young women affected by breast cancer there are no support groups for young women in their area. YSC maintains the following list of support groups to help young women find support groups near them. In this list you will find groups specific to young women, groups in which the facilitator has told us that there were three or more young women in a group in general or groups that target specific populations or women with a particular stage of breast cancer diagnosis.

Keep in mind that groups can be facilitated either by peers who are cancer survivors or by professionally trained social workers or counselors. There are also many telephone and Internet based support groups now available. Since every support group is different, it is often helpful to visit several groups to see where you feel most comfortable.

The YSC offers a number of other ways of finding support beyond local support groups. If you cannot locate a group from our list, or to find other areas of support aside from support groups:


- Log onto the YSC bulletin board at [www.youngsurvival.org/community/bulletin-board](http://www.youngsurvival.org/community/bulletin-board) where you will find an active group of young women affected by breast cancer providing a network of support and answers to a lot of questions.
- Register on at [www.youngsurvival.org/join-us](http://www.youngsurvival.org/join-us) to get news about networking telephone conferences and other networking events around the country from the YSC.
- Inquire at a local major hospital's Breast Center or Departments of Social Work or Psychiatry.
- Call the American Cancer Society, (800) ACS-2345 for local groups that ACS or others sponsor.
- Call a group on this list in your state and ask if they know of any groups specifically for young women located closer to you (and if you find one, please let us know about it so we can add it to the next ResourceLink Guidebook).

For information and suggestions on how to start your own support group, contact the ACS (see listing above), Y-ME National Breast Cancer Organization, (800) 221-2141 or CancerCare, Inc., (800) 813-HOPE.

Please note: Some people benefit more from individual counseling than from group support. To find a counselor familiar with breast cancer issues in young women, consult the same sources as above and when you contact the counselors, ask about their experience, training, credentials and insurance coverage.


(Revised January 2007, YSC - This information was originally developed and published by the National Alliance of Breast Cancer Organizations (NABCO) and made available by agreement with NABCO prior to its closing in June 2004.)

## State-by-state listing of support groups

Groups with a  are specific to young women with breast cancer. All other groups are for all ages but are inclusive of young women and often have young women attend. If a group is for another specific population it is noted above the listing. If you know of a support group for young women that is not listed, or find information that is no longer correct, please let us know. Contact the ResourceLink at [www.youngsurvival.org](http://www.youngsurvival.org), [ResourceLink@youngsurvival.org](mailto:ResourceLink@youngsurvival.org) or (877) YSC-1011.

### Alabama

#### Birmingham

 Young Breast Cancer Survivors  
(205) 930-8870

### Arizona

#### Ahwatukee

Bosom Buddies Support Group - Ahwatukee  
(480) 704-2533  
(480) 893-8900  
[www.bosombuddies-az.org](http://www.bosombuddies-az.org)

#### Mesa

Bosom Buddies Support Group - East Valley  
(480) 396-9092  
(480) 969-4199  
[www.bosombuddies-az.org](http://www.bosombuddies-az.org)

#### Peoria

Bosom Buddies Support Group - West Valley  
(623) 546-9401  
[www.bosombuddies-az.org](http://www.bosombuddies-az.org)

#### Phoenix

Breast Cancer Networking Group  
(602) 712-1006  
[clopez@twccaz.org](mailto:clopez@twccaz.org)  
[www.twccaz.org](http://www.twccaz.org)

#### Scottsdale

Bosom Buddies Support Group - Scottsdale  
(480) 473-4835  
[www.bosombuddies-az.org](http://www.bosombuddies-az.org)

### Arkansas

#### Fayetteville

 Young Breast Cancer Support Group  
(479) 271-2257

#### Little Rock

 Young Breast Cancer Support Group  
(501) 202-7386

### California

#### Bakersfield

 Young Breast Cancer Support Group  
(661) 322-5601

#### Berkeley

 Breast Cancer Support Group  
for Younger Women  
(501) 204-1591

Newly Diagnosed Breast Cancer Support Group  
(501) 204-1591

#### Corte Madera

#### Young adults with cancer

The Young People's Support Group  
(415) 925-5000

#### Davis

Education and Support Open Door Meeting  
(530) 753-3940  
(866) 616-4882  
[www.y-me.org/northerncalifornia](http://www.y-me.org/northerncalifornia)

#### Escondido

Breast Cancer Support Group  
(877) 929-9283  
(760) 839-1491

### Fullerton

Breast Cancer Support Group  
(714) 446-5123  
(714) 992-3000 Ext. 2299

### Greenbrae

Newly Diagnosed Breast Cancer Support Group  
(415) 925-7787  
[www.maringeneral.org](http://www.maringeneral.org)

### Inglewood

#### African American women

Women of Color Breast Cancer Survivors  
Support Group  
(310) 330-5140

### La Jolla

 Young Women's Breast Cancer  
Forum and Support Group  
(858) 626-5213

### Long Beach

Breast Friends Mentor Program  
(562) 933-7815

### Los Angeles

Breast Cancer Support Group  
(310) 423-5351

Women Together  
(310) 794-6644

[www.cancerresources.mednet.ucla.edu](http://www.cancerresources.mednet.ucla.edu)

#### Advanced or metastatic

Living Beyond Limits  
(310) 794-6644  
[www.cancerresources.mednet.ucla.edu](http://www.cancerresources.mednet.ucla.edu)

#### DCIS

DCIS Support Group  
(310) 794-6644  
[www.cancerresources.mednet.ucla.edu](http://www.cancerresources.mednet.ucla.edu)

#### High-risk support group

Genetic Links, Living with Uncertainty  
(323) 865-3000  
(323) 865-0800

### Los Gatos

Breast Cancer Support  
(408) 866-3821

### Mission Viejo

#### Advanced or metastatic

Recurrent and Metastatic  
(714) 836-5886

### Murrieta


Women's Breast Cancer Resource Group  
(866) 304-1280

### Newport Beach

#### Young women with cancer

Young Women's Cancer Support Group  
(949) 722-6237  
[www.hoaghospital.org/cancercenter/Support.aspx](http://www.hoaghospital.org/cancercenter/Support.aspx)

### Oakland

 Young Women's Breast Cancer  
Support Group  
(510) 395-0246  
(510) 437-4064

Complementary and Alternative Treatments  
(510) 601-4040  
(888) 421-7900

#### African American women

Sisters Three - Support Group for  
Asian American and African American Women  
(510) 465-7333  
(510) 465-9733

African American Women with Cancer  
(510) 601-4040  
(888) 421-7900

#### Children

Teen Support Group  
(510) 601-4040  
(888) 421-7900

#### Chinese speaking

Cantonese and Mandarin Speaking  
Breast Cancer Support Group  
(510) 437-4800  
(510) 437-4064

### Spanish speaking

Amigos y Familiares de Mujeres con Cáncer  
(510) 601-4040  
(888) 421-7900

Latinas con Cancer  
(510) 601-4040  
(888) 421-7900

### Women who partner with women

Partners of Lesbians with Cancer  
(510) 601-4040  
(888) 421-7900

Lesbians with Cancer  
(510) 601-4040  
(888) 421-7900

### Orange

Focus on Healing  
(714) 541-9355  
[www.ckwellnesscenter.org](http://www.ckwellnesscenter.org)

Breast Cancer Support Group  
(714) 836-5886

Optimal Living - Breast Cancer Support  
(714) 541-9355  
[www.ckwellnesscenter.org](http://www.ckwellnesscenter.org)

Educational Support Group  
for Newly Diagnosed  
(714) 541-9355  
[www.ckwellnesscenter.org](http://www.ckwellnesscenter.org)

### Advanced or metastatic

Metastatic Support Group  
(714) 836-5886

### High-risk support group

Women at Risk  
(714) 569-0318

### Lymphedema

Lymphedema Support Group  
(714) 569-0318

### Spanish speaking

Grupo de Apoyo - "Renovacion"  
(714) 836-5886

### Palm Springs

Navigator Program  
(760) 416-4700

### Palo Alto

 Young Women's Support Group  
(650) 363-8384

Newly Diagnosed  
(650) 326-6686

Recovery and Renewal - Post Treatment  
Support Group  
(650) 326-6686

### Advanced or metastatic

Metastatic Support Group  
(650) 326-6686

### Couples

Couples Support Group  
(650) 326-6686

### DCIS

DCIS Support Group  
(650) 326-6686

### Pomona


Breast Cancer Support Group  
(909) 865-9691

### Redondo Beach

Newly Diagnosed Breast Cancer Support Group  
(310) 376-3550  
[www.wellnessandcancer.org](http://www.wellnessandcancer.org)

Breast Cancer Support Group  
(310) 376-3550  
[www.wellnessandcancer.org](http://www.wellnessandcancer.org)

### Sacramento

 ENCOREplus Support Group and  
Exercise Program  
(916) 264-8066

### Women who partner with women

Lesbian Breast Cancer Support Group  
(916) 920-7870  
[saveourselves@sbcglobal.net](mailto:saveourselves@sbcglobal.net)  
[www.save-ourselves.org](http://www.save-ourselves.org)

## San Francisco

 Bay Area Young Survivors Support Group  
[dmosley@mofo.com](mailto:dmosley@mofo.com)  
[apadilla@mofo.com](mailto:apadilla@mofo.com)

### Young adults with cancer

Young Adults with Cancer  
(510) 540-5147

## San Marcos

### Spanish speaking

Spanish Language Support Group  
(877) 929-9283  
(760) 839-1491

## San Mateo

Breast Cancer Support Group  
(800) 654-9966  
(650) 696-4582  
[vickerj@sutterhealth.org](mailto:vickerj@sutterhealth.org)

## Santa Ana

### Young adults with cancer

Young Adults Networking Group  
(714) 543-3200  
[support@wellnesscommunityoc.org](mailto:support@wellnesscommunityoc.org)  
[www.wellnesscommunityoc.org](http://www.wellnesscommunityoc.org)


## Santa Cruz

Complementary Treatment Group  
(831) 457-2278  
[www.womencaresantacruz.org](http://www.womencaresantacruz.org)

Drop in Group  
(831) 457-2278

[www.womencaresantacruz.org](http://www.womencaresantacruz.org)

## Walnut Creek

 Support Group for Younger Women  
with Breast Cancer  
(925) 946-3322

Breast Cancer Networking Group  
(925) 933-0107  
[www.twc-bayarea.org](http://www.twc-bayarea.org)

Newly Diagnosed Breast Cancer Series  
(925) 933-0107  
[www.twc-bayarea.org](http://www.twc-bayarea.org)

## Colorado

### Aurora

Breast Cancer Support Group  
(303) 260-3742  
[Sue.Scheiwe@healthonecares.com](mailto:Sue.Scheiwe@healthonecares.com)

Breast Cancer Support Group  
(303) 388-4876


### Asian American women

Breast Cancer Support Group  
(303) 365-2959 Ext. 101  
[leelin@apdc.org](mailto:leelin@apdc.org)  
[www.apdc.org](http://www.apdc.org)

### Boulder

Breast Cancer Support Group  
(303) 499-8123

### Colorado Springs

 Under 50 Breast Cancer Support Group  
(719) 776-5311  
[www.penrosecancercenter.org](http://www.penrosecancercenter.org)

Breast Cancer Support Group  
(719) 365-2697

Breast Cancer Support Group  
(719) 365-2697


### African American women

Breast Cancer Support Group  
(719) 776-5826  
[www.angelnetworkcos.org](http://www.angelnetworkcos.org)

### Delta

Breast and Women's Cancer Support Group  
(970) 872-3309  
(970) 921-3433

### Denver

 Young Empowered Survivors (Y.E.S.)  
(303) 477-2161  
[info@youngempowered.org](mailto:info@youngempowered.org)  
[www.youngempowered.org](http://www.youngempowered.org)

Breast Cancer Support and Education Group  
(303) 320-7367  
[www.rosemed.com](http://www.rosemed.com)

#### African American women

Sister to Sister Breast Cancer Support Group  
(303) 393-7741

#### Children

Support Group for Children of  
Parents with Cancer  
(303) 778-5832  
(303) 985-4788  
[jeannecurrey@centura.org](mailto:jeannecurrey@centura.org)

#### Women who partner with women

Lesbian Cancer Support Group  
(303) 733-7743  
[www.coloradoglblt.org](http://www.coloradoglblt.org)

#### Fort Collins

Breast Cancer Education and Support Group  
(866) 201-4512  
(970) 493-6337

#### Caregivers, family and friends

Caregiver Support Group  
(970) 493-6337

Men's Group  
(970) 493-6337

#### Greeley

Breast Cancer Support Group  
(970) 350-6163

#### Highlands Ranch

Breast Cancer Support Group  
(303) 663-9530  
[jfjeanne@aol.com](mailto:jfjeanne@aol.com)  
[www.chcc.org](http://www.chcc.org)

#### Littleton

Breast Cancer Support Group  
(303) 778-5832  
[jeannecurrey@centura.org](mailto:jeannecurrey@centura.org)

#### Lone Tree

Share Your Cancer Challenge  
(720) 225-4201

#### Loveland

#### Caregivers, family and friends

Caregiver's Support Group  
(970) 593-6094

#### Children

Heart of Hope Support Group  
(970) 667-6622

#### Parker

#### Caregivers, family and friends

Breast Cancer Couples Support Group  
(303) 660-9513  
[www.fbctogether.org](http://www.fbctogether.org)

#### Couples

Facing Breast Cancer Together  
(303) 660-9513  
[www.fbctogether.org](http://www.fbctogether.org)

#### Pueblo

After Breast Cancer (A.B.C.) Group  
(719) 560-5514

#### Wheat Ridge

Newly Diagnosed Breast Cancer Support Group  
(303) 425-2929  
[www.exempla.org](http://www.exempla.org)

#### Children

Kids Connection  
(303) 425-2929  
[www.exempla.org](http://www.exempla.org)

#### Grief support group

Grief Support Group  
(303) 425-2929  
[www.exempla.org](http://www.exempla.org)

#### Connecticut

#### Branford

Y-ME Branford Breast Cancer Support Group  
(203) 483-8200  
[connecticut@y-me.org](mailto:connecticut@y-me.org)  
[www.y-me.org/connecticut](http://www.y-me.org/connecticut)

### Bridgeport

Y-ME/ St. Vincent Medical Center Breast Cancer Support Group  
(203) 576-6158  
[connecticut@y-me.org](mailto:connecticut@y-me.org)  
[www.y-me.org/connecticut](http://www.y-me.org/connecticut)

### Danbury

Breast Cancer Support Group  
(203) 790-6568  
[www.annsplace.org](http://www.annsplace.org)

### Derby

Y-ME/ Griffin Hospital Breast Cancer Support Group  
(203) 483-8200  
[connecticut@y-me.org](mailto:connecticut@y-me.org)  
[www.y-me.org/connecticut](http://www.y-me.org/connecticut)

### Fairfield

Post-treatment support group  
(203) 854-9911  
[stripode@cancercare.org](mailto:stripode@cancercare.org)  
[www.cancercare.org](http://www.cancercare.org)

### Farmington

Y-ME/UConn Health Center Breast Cancer Support Group  
(203) 483-8200  
[connecticut@y-me.org](mailto:connecticut@y-me.org)  
[www.y-me.org/connecticut](http://www.y-me.org/connecticut)

### Manchester

Y-ME/Manchester Hospital Cancer Center Support Group  
(860) 645-8888  
[connecticut@y-me.org](mailto:connecticut@y-me.org)  
[www.y-me.org/connecticut](http://www.y-me.org/connecticut)

### Middletown

Breast Cancer Group  
(800) 344-6460  
(860) 358-2053

### Milford

Y-ME/ Milford Hospital Breast Cancer Support Group  
(203) 483-8200  
[connecticut@y-me.org](mailto:connecticut@y-me.org)  
[www.y-me.org/connecticut](http://www.y-me.org/connecticut)

### Old Saybrook

Y-ME Old Saybrook Breast Cancer Support Group  
(203) 483-8200  
[connecticut@y-me.org](mailto:connecticut@y-me.org)  
[www.y-me.org/connecticut](http://www.y-me.org/connecticut)

## Delaware

### Newark

Breast Cancer Support Group  
(302) 623-4500  
(302) 623-4714

### Wilmington

#### Inflammatory breast cancer

Inflammatory Breast Cancer Support Group  
(302) 995-2850  
[chiller@wellnessdelaware.org](mailto:chiller@wellnessdelaware.org)  
[www.wellnessdelaware.org](http://www.wellnessdelaware.org)

## Florida

### Altamonte Springs

Breast Cancer Support Group  
(407) 303-5715  
(407) 303-2200

### Boca Raton

 Young Women's Breast Cancer Support Group  
(561) 955-2115  
[smarits@brch.com](mailto:smarits@brch.com)

### Boynton Beach

Breast Cancer Support Group  
(561) 737-7733 Ext. 4948  
[lynn.edinoff@bethesdahealthcare.com](mailto:lynn.edinoff@bethesdahealthcare.com)

## Daytona Beach

Combined Breast Cancer and Lymphedema Support Group  
(386) 254-4211

## Children

“Heartstrings” Support Group  
(386) 258-5100

## Lymphedema

Combined Breast Cancer and Lymphedema Support Group  
(386) 254-4211

## Miami

Breast Cancer Networking Group  
(305) 668-5900  
[www.twcmiami.com](http://www.twcmiami.com)

## Port Orange


Breast Cancer Support Group  
(386) 254-4211

## Safety Harbor

## Young women with cancer

Young Women’s Cancer Group  
(727) 725-6016

## Tampa

 Young Women United by Breast Cancer  
(813) 903-4613  
[factors@moffitt.usf.edu](mailto:factors@moffitt.usf.edu)  
[www.moffitt.org](http://www.moffitt.org)

North Tampa Breast Cancer Support Group  
(813) 968-7780  
(813) 854-2858  
[www.sjbhealth.org](http://www.sjbhealth.org)

## Latinas


Hispanic Breast Cancer Support Group  
(813) 971-9917  
[www.sjbhealth.org/1186.cfm](http://www.sjbhealth.org/1186.cfm)


## Spanish speaking

Juventud Luna  
(813) 903-6812  
(813) 979-4291  
[martind@moffitt.usf.edu](mailto:martind@moffitt.usf.edu)  
[www.moffitt.org](http://www.moffitt.org)

## Georgia

### Atlanta

 Breast Friends  
(770) 377-8956  
[www.youngsurvival.org/atlanta](http://www.youngsurvival.org/atlanta)

 Sisters by Choice:  
40 and Under Support Group  
(770) 987-2951  
[40Under-Support@SistersByChoice.net](mailto:40Under-Support@SistersByChoice.net)

Breast Cancer Support Group  
(404) 851-7001  
(404) 851-7118

## Advanced or metastatic

Metastatic Breast Cancer Support Group  
(404) 843-1880  
[www.thewellnesscommunity-atlanta.org](http://www.thewellnesscommunity-atlanta.org)

### Augusta

Pink Magnolias Breast Cancer Support Group  
(706) 774-4141  
[www.universityhealth.org](http://www.universityhealth.org)

## Children


“My Mom had Breast Cancer”  
(706) 774-4141  
[www.universityhealth.org](http://www.universityhealth.org)

### Savannah

Libl ines  
(912) 350-7845  
(912) 350-7587  
[info@liblines.org](mailto:info@liblines.org)  
[www.liblines.org](http://www.liblines.org)

## Illinois

### Chicago

 20s and 30s Breast Cancer Support Group  
(312) 364-9071  
[illinois@y-me.org](mailto:illinois@y-me.org)  
[www.y-me.org/illinois](http://www.y-me.org/illinois)


 Young Women’s Support Group  
(312) 421-5343

## Young adults with cancer

Young Adult Cancer Group  
(312) 464-9900  
[www.gildasclubchicago.org](http://www.gildasclubchicago.org)

### Decatur

#### Helpline

 H.E.R. - Helping Each Other Recover  
from Breast Cancer  
(217) 876-4377  
(217) 876-2380

### Hinsdale

Breast Cancer Networking Group  
(630) 323-5150  
(630) 654-5107

### Northbrook

Breast Cancer Networking Group  
(866) 292-9355  
(847) 509-9595

#### Partners

Partners Empowered  
(866) 292-9355  
(847) 509-9595

### Rockford

 Breast Cancer Support Group for  
Women Under 50  
(815) 971-2992

### Springfield

St. John's Hospital Breast Cancer  
Support Group  
(217) 544 6464 Ext. 45334  
[www.st-johns.org](http://www.st-johns.org)

## Indiana

### Bloomington

Olcott Center for Breast Health Newly  
Diagnosed Breast Cancer Support Group  
(812) 336-6821  
(812) 353-9300  
[www.bhhs.org](http://www.bhhs.org)

### Terre Haute

Breast Cancer Support Group  
(812) 877-3025

## Iowa

### Council Bluffs

 Young Women's Breast Cancer  
Support Group  
(712) 325-8970

### Davenport

Quad City Breast Cancer and Lymphedema  
Support Group  
(563) 421-1900  
[christyp@genesishealth.com](mailto:christyp@genesishealth.com)  
[www.genesishealth.com](http://www.genesishealth.com)

#### Children

Caring Hug Program  
(563) 421-7625  
[christyp@genesishealth.com](mailto:christyp@genesishealth.com)  
[www.genesishealth.com](http://www.genesishealth.com)

## Kansas

### Prairie Village

 Positive Encounters Young Survivors  
Support Group  
(913) 483-8000  
[www.therapyconcepts.com](http://www.therapyconcepts.com)

#### Lymphedema

Positive Encounters Lymphedema Support Group  
(913) 483-8000  
[www.therapyconcepts.com](http://www.therapyconcepts.com)

## Kentucky

### Edgewood

Helping Each Other Breast Cancer  
Support Group  
(859) 341-5444

## Louisville

Breast Cancer Support Group  
(502) 629-3136  
(877) 78-BREAST

## Louisiana

### Baton Rouge

#### African American women

Sisters Supporting Sisters Breast Cancer Support Group of African American Women  
(225) 775-3939

### Merrero

Breast Cancer Support Group  
(504) 347-5511  
(504) 349-1640

## Maine


### Lewiston

#### Caregivers, family and friends

Cancer Wellness and Support Group  
(207) 795-0111

## Maryland

### Baltimore

 Breast Friends  
(410) 601-2189  
[debkirkland@comcast.net](mailto:debkirkland@comcast.net)


### Bel Air

 BCause Support Group of Harford County, Maryland  
(410) 893-4115  
[dwgenes@aol.com](mailto:dwgenes@aol.com)

### Berlin

Breast Cancer Support Group  
(410) 641-7446

## Bethesda

 Young Women's Breast Cancer Support Group  
(301) 896-3188  
[info@suburbanhospital.org](mailto:info@suburbanhospital.org)  
[www.suburbanhospital.org](http://www.suburbanhospital.org)

### Hagerstown

Information/Support Group  
(301) 665-4650

### Salisbury

Breast Cancer Support Group  
(410) 548-7880

### Silver Spring

Breast Cancer Support Group  
(301) 754-7000  
(301) 754-7162

## Massachusetts

### Boston

 Young Survivors' Support Group  
(617) 632-5836

Group for Women Newly Diagnosed/  
In Treatment  
(617) 667-7000  
(617) 667-2661

Group for Women Who Have  
Completed Treatment  
(617) 667-7000  
(617) 667-2661

Breast Cancer Support Group  
(617) 632-3301  
(617) 724-3956

Facing Forward After Cancer Treatment  
(617) 632-3301

Breast Cancer Support Group  
(617) 72-HOPES  
[www.massgeneral.org/cancer/hopes](http://www.massgeneral.org/cancer/hopes)

### Young women with cancer

The New Normal - Redefining Your Life  
After Cancer Treatment  
(617) 632-3301

### Advanced or metastatic

Women Living with Recurrent or Metastatic  
Breast Cancer Support Group  
(617) 632-3301

### Caregivers, family and friends

Caregivers  
(617) 817-6280

### Children

Family Connections Program  
(617) 632-3301

### Women who partner with women

Support Group for Lesbians with Cancer  
(617) 927-6240  
[www.fenwayhealth.org](http://www.fenwayhealth.org)


### Burlington

Breast Cancer Support Group  
(781) 744-8113

### Mashpee

Breast Cancer Support Group for  
Newly Diagnosed Women  
(508) 862-5302

### Newton

 Young Women's Breast Cancer  
Networking Group  
(617) 332-1919

### Worcester

### Inflammatory breast cancer

Inflammatory Breast Cancer (IBC) New Engl and  
(508) 791-3181  
(508) 767-2505  
[suasci@hotmail.com](mailto:suasci@hotmail.com)  
[www.ywcaworcester.org](http://www.ywcaworcester.org)

## Michigan


### Grand Rapids

Breast Cancer 101  
(616) 435-8300  
(616) 453-8355  
Breast Cancer Networking Group  
(616) 435-8300  
(616) 453-8355


### African American women

Sister to Sister Networking Group  
(616) 435-8300  
(616) 453-8355

### Lansing

 Young Breast Cancer Survivors  
(517) 367-5226  
(800) 786-3124  
[youngbreastcancersurvivors@yahoo.com](mailto:youngbreastcancersurvivors@yahoo.com)


### Royal Oak

 I'm too young for breast cancer  
(248) 577-0800

### Young women with cancer

Young Adults Cancer Support Group  
(248) 577-0800

### St. Louis

 Young Women's Breast Cancer  
Support Group  
(314) 454-5076  
[jen@ccadmin.wush.edu](mailto:jen@ccadmin.wush.edu)

### Advanced or metastatic

Support Group for Women with  
Metastatic Disease  
(314) 454-5076

### Exercise

Yoga Group  
(314) 454-5076

## Minnesota

### Maplewood

#### Recurrent breast cancer

Recurrent Breast Cancer Support Group  
(651) 232-7667  
(651) 232-7000

### Maplewood

Breast Cancer Support Group  
(651) 232-7667  
(651) 232-7000

### Minneapolis

#### Young women with cancer

The Connection  
(612) 822-4846  
(877) 892-6742  
[www.givingvoice.org](http://www.givingvoice.org)

Twin Cities Young Women's Support Group  
(612) 273-6434

### St. Louis Park

Breast Cancer Support Group  
(952) 993-6086  
[rethwj@parknicollet.com](mailto:rethwj@parknicollet.com)  
[www.parknicollet.com](http://www.parknicollet.com)

## Mississippi

### Jackson


"The Positive Ones" Breast Cancer Support Group  
(800) 948-6262  
(601) 948-6262

## Missouri

### Chesterfield

Breast Cancer Support Group  
(314) 205-6090  
[www.stlukes-stl.com](http://www.stlukes-stl.com)


## Clayton

 Young Women's Breast Cancer Group  
(314) 454-5076

## Children

H.U.G.S. (Help us Give Support)  
(314) 454-5076  
(314) 362-7844

## Springfield

 Young Survivors Support Group  
(417) 862-3838  
(866) 848-7253  
[director@bcfo.org](mailto:director@bcfo.org)  
[www.bcfo.org](http://www.bcfo.org)

Breast Cancer Support Group  
(800) 432-2273  
(417) 820-2565

## Lymphedema

Lymphedema Support Group  
(800) 432-2273  
(417) 820-3324

## St. Louis

Breast Cancer Support Group  
(314) 525-1288  
[www.stanthonysmedcenter.com](http://www.stanthonysmedcenter.com)

## Montana

### Billings

Breast Cancer Support Group  
(409) 248-2215  
(409) 237-7390

## Nebraska

### Grand Island

Breast Cancer Support Group  
(308) 398-5450

## Nevada

### Carson City

Breast Cancer Support Group  
(775) 885-4281  
(877) 284-2627

### Couples

Coping Together with Breast Cancer  
(775) 882-4281  
(877) 284-2627  
[www.carsontahoehospital.com](http://www.carsontahoehospital.com)

### Henderson

Breast Cancer Support Group  
(702) 616-4900

### Reno

Breast Cancer Support Group  
(775) 786-4421  
(775) 770-DOCS

## New Hampshire

### Concord

A Woman's Journey: Women's Cancer  
Support Group  
(603) 225-2711

### Dover

Breast Cancer Support and Education Group  
(603) 740-2830

### Lebanon

Women with Breast Cancer: "Turning Points"  
(603) 650-5033  
(800) 639-6918

### Advanced or metastatic

Women's Metastatic Cancer Support Group  
(603) 650-5033  
(800) 639-6918

### Buddy program

BeFriend Program  
(603) 650-5033  
(800) 639-6918

### Littleton

Rally Round Breast Cancer Support Group  
(603) 869-5441

### Manchester

Living Beyond Breast Cancer  
(603) 663-4130  
(603) 663-1804

## New Jersey

### Bedminster

Breast Cancer Networking Group  
(908) 658-5400  
[www.thewellnesscommunity.org/cnj/index.html](http://www.thewellnesscommunity.org/cnj/index.html)

### Denville

Together - Breast Cancer Support Group  
(973) 625-6176  
(973) 625-6000

### Flemington

Breast Cancer Support Group  
(908) 788-6100  
(908) 782-7412

### Hackensack

### Young adults with cancer

Living with Cancer in Your 20's and 30's  
(201) 457-1670  
[info@gildasclubnnj.com](mailto:info@gildasclubnnj.com)  
[www.gildasclubnnj.org](http://www.gildasclubnnj.org)

### Hamilton

Breast Cancer Survivor Group  
(201) 444-6630  
(609) 924-8752 Ext. 107  
[njinfo@cancercares.org](mailto:njinfo@cancercares.org)  
[www.cancercares.org](http://www.cancercares.org)

### Livingston

Primary Breast Cancer Support Group  
(973) 322-5200  
(973) 322-8405


Post Treatment Breast Cancer Support Group  
(973) 322-5200  
(973) 322-8405

Long Branch

**Advanced or metastatic**

Metastatic Breast Cancer Support Group  
(732) 923-7711

Neptune

 The Younger Generation Breast Cancer Support Group  
(732) 776-4432  
(732) 776-2380

Breast Cancer Support Group  
(732) 776-4432  
(732) 776-2380

**Advanced or metastatic**

Metastatic and Recurrent Breast and Ovarian Cancer Support Group  
(732) 776-4432  
(732) 776-2380

New Brunswick

Breast Cancer Support Group  
(732) 235-6781  
(732) 745-6680

Breast Cancer Support Group  
(732) 745-8600

**Women who partner with women**

Lesbians with Cancer  
(732) 235-6781  
(732) 745-6680

Princeton

 Young Women's Support Group  
(609) 497-2100 Ext. 346  
(609) 497-2126  
[brcr@ywcaprinceton.org](mailto:brcr@ywcaprinceton.org)  
[www.ywcaprinceton.org](http://www.ywcaprinceton.org), [www.brcrnj.org](http://www.brcrnj.org)

Open Support Group  
(609) 497-2100 Ext. 346  
(609) 497-2126  
[brcr@ywcaprinceton.org](mailto:brcr@ywcaprinceton.org)  
[www.ywcaprinceton.org](http://www.ywcaprinceton.org), [www.brcrnj.org](http://www.brcrnj.org)

Breast Cancer Resource Center Wellness Program-- "Unbound!"  
(609) 497-2100 Ext. 346  
(609) 497-2126  
[brcr@ywcaprinceton.org](mailto:brcr@ywcaprinceton.org)  
[www.ywcaprinceton.org](http://www.ywcaprinceton.org), [www.brcrnj.org](http://www.brcrnj.org)

Voorhees

Women Supporting Women with Breast Cancer  
(856) 325 3000

**New Mexico**

Las Cruces

Breast Cancer Support Group of Southern New Mexico  
(505) 521-4794

**New York**

Baldwin

"Conversations"  
(516) 256-5414

Brooklyn

Breast Cancer Networking Group  
(718) 788-1600  
[www.gildasclub-nyc.org](http://www.gildasclub-nyc.org)

Buffalo

**Young adults with cancer**

Living with Cancer in Your 20's and 30's  
(716) 332-5900

Breast Cancer Networking Group  
(716) 332-5900

Delmar

Awareness, Connection, Education  
(518) 439-5975

**Advanced or metastatic**

Metastatic Support Group  
(518) 439-5975

### Dewitt

Life After Breast Cancer  
(315) 464-5540

### East Meadow

#### Spanish speaking

Spanish-Speaking Women with Breast Cancer  
(516) 877-4335

### Fulton

Caring and Sharing Breast Cancer  
Support Group  
(315) 592-7468  
(315) 592-5970

### Garden City

 Young Women's Breast Cancer  
Support Group  
(800) 877-8077  
[www.adelphi.edu/nysbreastcancer](http://www.adelphi.edu/nysbreastcancer)

#### Advanced or metastatic

Women with Metastatic Breast Cancer  
(800) 877-8077  
[www.adelphi.edu/nysbreastcancer](http://www.adelphi.edu/nysbreastcancer)

### Geneva

Breast Cancer Support  
(315) 288-1950

### Glens Falls

ABC (After Breast Cancer)  
(518) 926-6639  
(518) 926-1000

### Hawthorne

Newly Diagnosed Breast Cancer  
Support Group  
(914) 4-CANCER  
(914) 493-5217

#### Advanced or metastatic

Advanced or Recurrent Breast Cancer  
Support Group  
(914) 4-CANCER  
(914) 493-5217

### Hewlett

The Artist Within  
(516) 256-5414

Mind/Body Wellness Workshop  
(516) 256-5414

#### Caregivers, family and friends

Caregiver Support Group  
(516) 256-5414

### Huntington

Breast Cancer Support Group  
(631) 351-2000  
(631) 549-0419

#### African American women

Sister's Network  
(631) 351-2000  
(631) 549-0419

### Ithaca

In-treatment Breast Cancer  
Support Group  
(607) 277-0960  
(607) 277-9410

Out of treatment Breast Cancer  
Support Group  
(607) 277-0960  
(607) 277-9410

Long Term Survivors' Breast Cancer  
Support Group  
(607) 277-0960  
(607) 277-9410

### Latham

Breast Cancer Networking Group  
(518) 782-9833  
[www.gccrny.org](http://www.gccrny.org)

### New York

 Young Women Newly Diagnosed  
& Post Treatment  
(212) 382-2111  
(866) 891 2392  
[www.sharecancersupport.org](http://www.sharecancersupport.org)

Newly Diagnosed/Newly Treated Group  
(212) 305-9525  
(212) 305-2347

Breast Cancer Support Group  
(212) 712-6173  
(800) 813-4673 Ext. 6173

Breast Cancer Support Group  
(212) 604-6000

Breast/Ovarian Cancer Networking Group  
(212) 647-9700  
[dfann@gildasclubnyc.org](mailto:dfann@gildasclubnyc.org)  
[www.gildasclub-nyc.org](http://www.gildasclub-nyc.org)

#### Young women with cancer

Post-Treatment Young Adult Support Group  
(212) 647-9700  
[dfann@gildasclubnyc.org](mailto:dfann@gildasclubnyc.org)  
[www.gildasclub-nyc.org](http://www.gildasclub-nyc.org)

#### Young adults with cancer

Young Adults with Cancer  
(800) 813-HOPE  
(212) 712-8080  
[info@cancercares.org](mailto:info@cancercares.org)  
[www.cancercares.org](http://www.cancercares.org)

Young Adult Telephone Support Group  
(800) 813-HOPE Ext. 6173

New Challenges/New Beginnings: A Group for  
Young Adults - "20-30 something"  
(212) 717-3527

Life After Cancer: The Impact of Cancer on  
Relationships  
(212) 717-3530

#### Advanced or metastatic

Metastatic Support Group  
(212) 604-6000

Recurrent or Metastatic Breast Cancer  
Support Group  
(212) 731-5110  
[www.nyuci.org](http://www.nyuci.org)

#### Caregivers, family and friends

Life After Cancer: The Impact of Cancer  
on Relationships  
(212) 717-3530

#### Children

Children's Support Group  
(212) 604-6000

#### Children/General breast cancer

Art Therapy Program for Women  
Breast Cancer Patients and the Children  
in Their Lives  
(212) 639-5397

#### Exercise

Yoga Workshop for Survivors  
of Breast Cancer  
(212) 831-9592

#### Lymphedema

Focus on Lymphedema  
(212) 717-3527

#### Moving forward

Grace and Grit: A Women's Circle  
(212) 717-3532  
(212) 639-5203

#### Spanish speaking/Latina

Spanish Speaking Breast Cancer  
Support Group  
(212) 305-9894

#### Women who partner with women

Cancer Support Group for Women  
who Partner with Women  
(212) 719-0364  
(866) 891-2392  
[www.sharecancersupport.org](http://www.sharecancersupport.org)

The Survivors Group  
(212) 620-7310

The Caregivers Group  
(212) 620-7310

#### Syracuse

Breast Cancer Support Group  
(315) 448-5280  
(315) 448-5175

Breast Cancer Support Group  
(315) 476-7921

## Utica

After Breast Cancer (A.B.C.)  
(315) 624-4379  
(315) 624-4364

## White Plains

Breast Cancer Networking Group  
(914) 644-8844  
[www.gildasclubwestchester.org](http://www.gildasclubwestchester.org)


## **Children**

Children's Support Group - Noogie Nights  
(914) 644-8844  
[www.gildasclubwestchester.org](http://www.gildasclubwestchester.org)

## Williamsville

Breast Cancer Support Group  
(716) 655-8665  
(800) 873-4342

## Yorktown Heights

 Young Women's Breast Cancer  
Support Group  
(914) 962-6402  
(800) 532-4290

Sexuality and Intimacy for Women  
after Breast Surgery  
(914) 962-6402  
(800) 532-4290

## **Children**

Let's Get Connected  
(914) 962-6402  
(800) 532-4290

## **Recurrence**

Women Living with Recurrence  
(914) 962-6402  
(800) 532-4290

## **North Carolina**

### Asheville

In Good Company Breast Cancer  
Support Group  
(828) 213-4655

## **Exercise**

Restorative Yoga for Anyone with Cancer  
(828) 252-4106

## Chapel Hill

### **Young women with cancer**

Getting Your Bearings  
(919) 401-9333

### **Advanced or metastatic**

Living with Metastatic Cancer  
(919) 401-9333

### **Caregivers, family and friends**


Spouses, Partners, and Family Members  
Support Group  
(919) 401-9333

## Charlotte

### **African American women**

Sister's Network  
(704) 384-5223

## Durham

 Breast Cancer Support Group  
(919) 684-4497

### **Advanced or metastatic**

Living with Breast Cancer as a  
Chronic Illness  
(919) 684-4497

## Greenville

Making It Breast Cancer Support Group  
(252) 847-7867

## High Point

Pink Ribbon Network and Healing Circle  
(336) 878-6000

## Winston-Salem

Pink Broomstick  
(336) 760-9983

## North Dakota

### Fargo


Fargo Breast Cancer Support Group  
(701) 280-1382


## Ohio

### Cincinnati

Support Network  
(513) 207-2421

### Cleveland

 Young Women with Breast Cancer  
Drop-in Group  
(216) 595-9546

 Young Women with Breast Cancer  
Committed Group  
(216) 595-9546

Breast Cancer Networking Group  
(216) 595-9546

### Young adults with cancer

Young Adults with Cancer  
(216) 595-9546

### Advanced or metastatic

Living with Advanced Cancer  
(216) 595-9546

### African American women

Inner Peace and Strength  
Breast Cancer Ministry  
(216) 595-9546

### Children

Kidshop and Kidshop Parent Group  
(216) 595-9546


### Columbus

Healing Through Art  
(614) 293-6428

Breast Cancer Support Group  
(614) 566-4321

Breast Cancer Support Group  
(614) 566-9654

### Dublin

 Young Women's Networking Group  
(614) 791-9510  
[www.youngsurvival.org/columbus](http://www.youngsurvival.org/columbus)

### Kettering

Breast Cancer Education  
(937) 395-8646  
(937) 395-8115

Strength, Optimism, and Recovery (S.O.A.R.)  
(937) 395-8646

### Advanced or metastatic

ABC - Advanced Breast Cancer -  
One on One Support  
(937) 395-8115

### Toledo

Recently Diagnosed Breast Cancer  
Support Group  
(419) 382-6600

### Caregivers, family and friends

Family Support Group  
(419) 382-6600

### Westerville


Breast Cancer Support Group  
(614) 898-4000

## Oklahoma

### Edmond

 Breast Cancer Support Group  
(405) 705-2705  
[mcrafft@breastok.com](mailto:mcrafft@breastok.com)  
[www.breastimagingofoklahoma.com](http://www.breastimagingofoklahoma.com)

## Tulsa

 Young Women's Group  
(918) 494-8808

Pink Ribbon Sisters -  
Newly Diagnosed and Survivors  
(918) 494-8808

### Caregivers, family and friends

Men's Group  
(918) 494-8808

### Lymphedema

Lymphedema Support and Education  
(918) 494-8808

### Recurrent breast cancer

Recurrence Group  
(918) 494-8808

## Oregon

### Portland

Breast Cancer Support Group  
(503) 216-1234  
(503) 215-3204

### Women who partner with women

Cancer Support Group  
(503) 335-6591  
[hambproj@easystreet.com](mailto:hambproj@easystreet.com)

Bereavement Group  
(503) 335-6591  
[hambproj@easystreet.com](mailto:hambproj@easystreet.com)

### Salem

Breast Cancer Support Group  
(503) 581-9922  
[ywca@ywcasalem.org](mailto:ywca@ywcasalem.org)

### Women who partner with women

Cancer Support Group  
(503) 335-6591  
[hambproj@easystreet.com](mailto:hambproj@easystreet.com)

## Tualatin

Breast Cancer Support Group  
(503) 413-7348

## Pennsylvania

### Ardmore

Survivor's Helpline  
(888) 753-LBBC  
[mail@lbbc.org](mailto:mail@lbbc.org)  
[www.lbbc.org](http://www.lbbc.org)

### Bethlehem

Breast Cancer Networking Group  
(610) 861-7555  
[www.thewellnesscommunity.org/glv](http://www.thewellnesscommunity.org/glv)

### Carlisle

ABCs: All Breast Cancer Survivors  
(717) 243-3818

### Philadelphia

 Young Women's Breast Cancer  
Support Group  
(215) 728-2666

Breast Cancer Survivors - Newly Diagnosed  
(215) 248-8325

Breast Cancer Support Group  
(215) 728-2670

Rainbow Circle Breast Cancer Support Group  
(215) 564-3700  
(877) 99-CREED

### Young women with cancer

Navigating the New Normal  
(215) 955-8370  
[support-advocacy@mail.KimmelCancerCenter.org](mailto:support-advocacy@mail.KimmelCancerCenter.org)  
[www.kimmelcancercenter.org/youngadults](http://www.kimmelcancercenter.org/youngadults)

### African American women

Sisters in Touch  
(215) 232-1115

Women of Faith and Hope Breast Cancer Support  
Group  
(215) 985-5303

### Caregivers, family and friends

Patient/Family Support Group  
(215) 728-2668

### Inflammatory breast cancer

Inflammatory Breast Cancer Support Group  
(215) 879-7733  
(888) 819-3553  
kneyer@twcp.org  
www.twcp.org

### Spanish speaking/Latina

Latina Breast Cancer Support Group  
(215) 978-8343

### Pittsburgh

Mind Body Spirit Group  
(412) 622-1212

Breast Cancer Support Group  
(412) 641-1178

### African American women

Breast Cancer Support for African American Women  
(412) 622-1212

### Buddy program

Breast Cancer Survivor Program  
(412) 641-1178

### Women who partner with women

Lesbian Cancer Patients and Partners  
(412) 622-1212

### Waynesboro

Information/Support Group  
(301) 665-4650

### Rhode Island

#### Providence

Breast Cancer Support Group  
(401) 274-1122  
(401) 453-7540

Artistic Expressions Group  
(401) 274-1122  
(401) 453-7540

### Advanced or metastatic

Metastatic Cancer Support Group  
(401) 274-1122  
(401) 453-7540

### Children

Kids Talk  
(401) 274-1122  
(401) 453-7540

### Spanish speaking/Latina

Grupo de Ayuda del Cancer  
(401) 274-1122  
(401) 453-7540

### South Carolina

#### West Columbia

Sisters Supporting Sisters  
at Lexington Medical Center  
(803) 791-2800

### Tennessee

#### Chattanooga

### Advanced or metastatic

Therapy Group for Women  
with Advanced Breast Cancer  
(423) 495-7724

#### Memphis

Women Helping Other Women Breast Cancer  
Support Group  
(901) 227-9694  
Breast Cancer Forum and Networking Group  
(901) 682-3916


#### Nashville

### Young adults with cancer

Living with Cancer in Your 20's & 30's  
(615) 329-1124  
[www.gildasclubnashville.org](http://www.gildasclubnashville.org)

## Texas

### Houston

 The Knockout Roses Breast Cancer Support Group for Young Women  
(713) 660-6675 Ext. 1  
[www.youngsurvival.org/houston](http://www.youngsurvival.org/houston)

Coping with Breast Cancer  
(800) ACS-2345  
(713) 222- CARE  
[www.cancer.org](http://www.cancer.org)

Reaching for the Stars  
(800) ACS-2345  
(713) 566-6679  
[www.cancer.org](http://www.cancer.org)

### African American women

Love Ye One Another  
(800) ACS-2345  
(713) 633-2628  
[www.cancer.org](http://www.cancer.org)

African American Breast Cancer Support Group  
(281) 261-1290  
[snhcnets@swbell.net](mailto:snhcnets@swbell.net)  
[www.sistersnetworkinc.org](http://www.sistersnetworkinc.org)

### Grief support group

Life After Loss  
(800) ACS-2345  
(713) 468-2441  
[www.cancer.org](http://www.cancer.org)

### Latina women

Hispanic Breast Cancer Support Group  
(800) ACS-2345  
(713) 666-9963  
[www.cancer.org](http://www.cancer.org)

### Lymphedema

Lymphedema Support Group  
(800) ACS-2345  
(713) 266-2877  
[www.cancer.org](http://www.cancer.org)

## Humble

Coping with Breast Cancer  
(800) ACS-2345  
(218) 540-7905  
[www.cancer.org](http://www.cancer.org)

### Grief support group

Life After Loss  
(800) ACS-2345  
(281) 540-7852  
[www.cancer.org](http://www.cancer.org)

### The Woodlands

Coping with Breast Cancer  
(281) 362-1550  
(936) 273-9633  
[www.cancer.org](http://www.cancer.org)

### Tomball


Coping with Breast Cancer  
(800) ACS-2345  
(713) 266-2877  
[www.cancer.org](http://www.cancer.org)

### Webster

Coping with Breast Cancer  
(800) ACS-2345  
(281) 997-6953  
[www.cancer.org](http://www.cancer.org)

## Virginia


### Alexandria

 Young Women's Breast Cancer Support Group  
(703) 776-2841  
[www.inova.org/inovapublic.srt/cancer/lifewithcancer/index.jsp](http://www.inova.org/inovapublic.srt/cancer/lifewithcancer/index.jsp)


### Lymphedema

Lymphedema Support Group  
(703) 776-2841  
[www.inova.org/inovapublic.srt/cancer/lifewithcancer/index.jsp](http://www.inova.org/inovapublic.srt/cancer/lifewithcancer/index.jsp)

## Arlington

 Early Stage Breast Cancer Support Group  
(703) 558-5555  
[www.virginiahospitalcenter.com](http://www.virginiahospitalcenter.com)

### Young women with recurrent breast cancer

 Recurrent Breast Cancer Support Group  
(703) 558-5555  
[www.virginiahospitalcenter.com](http://www.virginiahospitalcenter.com)

## Charlottesville

 Breast Cancer Support Group  
(804) 982-8407  
[www.marthajefferson.org](http://www.marthajefferson.org)

## Fairfax

 Young Women with Metastatic Breast Cancer  
(703) 208-5620

Breast Cancer Support Group  
(703) 776-2841

### Children

Children's Educational Support Program  
(703) 208-5623

### Couples

Facing Cancer as a Team: Tools  
for Couples and Partners  
(703) 776-2841

### Lymphedema

Lymphedema Group Meeting  
(703) 776-2841

### Mothers of young children

Moms with Cancer  
(703) 776-2841

## Falls Church

Breast Cancer Support Group  
(703) 776-2841

### Advanced or metastatic

Metastatic Breast Cancer Support Groups  
(703) 776-2841

## Leesburg

### Children

Children's Support and Education Group  
(703) 208-5623

## Mechanicsville

Breast Cancer Support Group  
(804) 559-1838  
[rnorrell@mcvh-vcu.edu](mailto:rnorrell@mcvh-vcu.edu)  
[www.vbcf.org](http://www.vbcf.org)

## Merrifield

### Young adults with cancer

Young Adult Group  
(703) 776-2841  
[www.inova.org/inovapublic.srt/cancer/  
lifewithcancer/index.jsp](http://www.inova.org/inovapublic.srt/cancer/lifewithcancer/index.jsp)

## Williamsburg

 Williamsburg Breast Cancer Support Group  
(757) 259-4233


## Washington

## Gig Harbor

### Young women with cancer

Cancer Support and Movement Group  
(253) 265-1448

## Seattle

 Young Women Breast Cancer Survivors  
(206) 709-1400  
[info@gildasclubseattle.org](mailto:info@gildasclubseattle.org)  
[www.gildasclubseattle.org](http://www.gildasclubseattle.org)

### Children


Children's Group  
(206) 709-1400  
[info@gildasclubseattle.org](mailto:info@gildasclubseattle.org)  
[www.gildasclubseattle.org](http://www.gildasclubseattle.org)

### Young adults with cancer

Young Adults Networking Group  
(206) 709-1400  
[info@gildasclubseattle.org](mailto:info@gildasclubseattle.org)  
[www.gildasclubseattle.org](http://www.gildasclubseattle.org)

## District of Columbia

### Washington

 Young Women with Breast Cancer  
(202) 444-2318

[www.lombardi.georgetown.edu](http://www.lombardi.georgetown.edu)

Virtual WellIness Community

(202) 659-9709

(888) 793 WELL

[www.thewellnesscommunity.org](http://www.thewellnesscommunity.org)

Recent Diagnosis Breast Cancer

Support Group

(202) 741-3158

[www.gwhospital.com](http://www.gwhospital.com)

### Spanish speaking/Latina

(202) 223-9100

[www.nueva-vida.org](http://www.nueva-vida.org)

## Wisconsin

### Madison

#### Young women with cancer

Young Women's Cancer Support Group

(608) 263-5712

[mick@spwl.net](mailto:mick@spwl.net)

[www.cancer.wisc.edu](http://www.cancer.wisc.edu)

### Waupaca

AfterReach Breast Cancer Support Group

(715) 258-7688

[www.tlcwaupaca.org](http://www.tlcwaupaca.org)

### West Bend

Breast Cancer Support Group

(262) 306-3200

## CANADA

### British Columbia

#### Vancouver

 Young Women with Breast Cancer  
Networking Group  
(604) 877-6000 Ext. 2194

#### Victoria

Young Women with Breast Cancer

Support Group

(250) 519-5525

Relaxation Support Group  
for Patients and Families

(250) 519-5525

#### Young adults with cancer

Young People with Cancer

(250) 519-5525


#### Advanced or metastatic

Women with Metastatic Cancer

(250) 519-5525

## Nova Scotia

### Halifax

 Young Women with Breast Cancer  
(902) 473-4645  
(866) 599-2267

#### Advanced or metastatic

Group for Persons Living  
with Metastatic Cancer

(902) 473-4645

(902) 473-4242

## Ontario


### Burlington

 Young Women's Breast Cancer  
Support Group  
(905) 634-2333

Breast Cancer Support Group  
(905) 634-2333

Art Therapy  
(905) 634-2333

### Toronto

 Peer Navigator Program  
(416) 920-0980  
(866) RETHINK

 Onl ine Support Group  
(416) 920-0980  
(866) RETHINK  
[www.rethinkbreastcancer.com/bboard](http://www.rethinkbreastcancer.com/bboard)

### Mothers of young children

 Support for New Moms with Breast Cancer  
(416) 920-0980  
(866) RETHINK

### Women who partner with women

 Breast Cancer Support Group for Lesbian  
and Bisexual Women  
(416) 324-5063

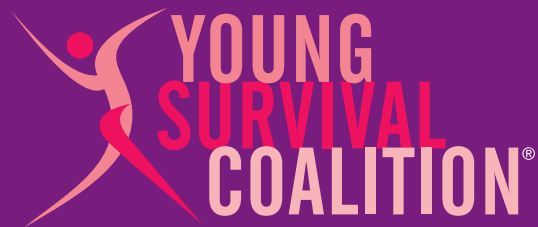


The *ResourceLink Guidebook 2007* is supported by the generosity of:



**Bristol-Myers Squibb**





**Young Women United Against Breast Cancer<sup>SM</sup>**

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[www.youngsurvival.org](http://www.youngsurvival.org)