

Breast cancer can affect all women but is even further complicated by factors such as age, race, income and additional risk factors. In breast cancer, these factors impact a woman's likelihood to undergo screening and diagnosis as well as her overall disease outcome. Women within these special populations face stigmatization on the part of healthcare providers and have reduced access to resources designed to meet their specific needs. Numerous organizations and resources have been developed to meet the varying needs of women within special populations in order to ensure access to culturally appropriate healthcare options.

The following section lists organizations, programs and additional resources that exist across the 50 states, U.S. territories, tribal organizations and the District of Columbia designed to assist women from varying populations to access identity-specific options and information.

African American women

Breast Cancer: A Resource Guide for Minority Women

(Office of Minority Health Resource Center, 2005)
www.omhrc.gov/assets/pdf/checked/bcrg2005.pdf
or (800) 444-6472

The Office of Minority Health Resource Center developed this list of organizations, documents, journal articles and other resources relevant to persons with breast cancer, students, health care professionals and researchers.

African American Breast Cancer Alliance, Inc.
PO Box 8981
Minneapolis, MN 55408
(612) 825-3675
aabcainc@yahoo.com
www.aabcainc.org

The AABCA is dedicated to providing hope, awareness, education, emotional and social support to breast cancer survivors, their family members and the community.

Black Women's Health Imperative
1420 K Street, NW, Suite 1000
Washington, DC 20005
(202) 548-4000
nbwhp@nbwhp.org
www.blackwomenshealth.org

BWHI seeks to develop and communicate effective and beneficial health information, products and programs to African American women and to deepen the public's resolve to invest in health prevention strategies and research that contribute to black women leading healthier, longer lives.

Getting Connected: African-Americans Living Beyond Breast Cancer

(Living Beyond Breast Cancer, 2003)
www.lbbc.org or (888) 753-LBBC (5222)

A culturally sensitive, 40-page book created by Living Beyond Breast Cancer, 25 African American women affected by breast cancer and their support persons. Through images and personal anecdotes, this educational resource provides comfort and support.

Intercultural Cancer Council (ICC)

1709 Dryden, Suite 1025
Houston, TX 77030
(713) 798-4617
icc@bcm.edu

www.iccnetwork.org

The ICC promotes policies, programs, partnerships and research to eliminate the unequal burden of cancer among racial and ethnic minorities and medically underserved populations in the U.S. and its associated territories.

Sisters Network Inc.

8787 Woodway Drive, Suite 4206
Houston, TX 77063
(866) 781-1808
(713) 781-0255

inonet@sistersnetworkinc.org
www.sistersnetworkinc.org

Sisters Network is committed to increasing local and national attention to the devastating impact that breast cancer has in the African American Community. Sisters Network has a number of local chapters around the country. Contact the main office for information about local chapters.

Community Programs

Breast Cancer Resource Committee
1326 Somerset Place, NW, Suite 40
Washington, DC 20011
(202) 463-8040
www.bcresource.org
BCRC is dedicated to reducing the incidence and mortality from breast cancer among African American women, particularly those women who have little or no access to adequate health care and treatment.



Centinela Medical Center
6201 Bristol Parkway
Culver City, CA 90230
(888) 833-6473
info@tdrbcf.org
www.tdrbcf.org

The foundation is dedicated to minority breast cancer survivors and to increasing awareness of breast cancer among women under 40. Services include referrals for diagnostic tests, physicians, support groups and an educational library.

The Center for African American Health
3601 Martin Luther King Blvd
Denver, CO 80205
(303) 355-3423
info@caahealth.org
www.caahealth.org
The Center's Patient Navigator Program assists African American women diagnosed with breast cancer to secure essential treatment support services during and after breast cancer treatment.

Personal Stories

Breastlessness: A Journey of Faith and Empowerment After a Breast Cancer Diagnosis
by M. Nichole Bryant (Precisely Write Publishing, 2005, \$15.99)

www.breastlessness.com or (618) 286-3648
The first half of this book shares the breast cancer experience of the author, an African American woman diagnosed at age 42 from her early relationship with her breasts to diagnosis, treatment, reconstruction and coming to terms with her new inner and outer selves. The second half is a guide for women with a breast cancer diagnosis or concerns with a list of questions to ask one's doctors.

American Indian/Alaska Native women

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Houston, TX 77030
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icc@bcm.edu
www.iccnetwork.org

The ICC promotes policies, programs, partnerships, and research to eliminate the unequal burden of cancer among racial and ethnic minorities and medically underserved populations in the US and its associated territories.

National Indian Women's Health Resource Center (NIWHRC)
228 South Muskogee Avenue
Tahlequah, OK 74464
(918) 456-6094
(866) 4NIWHRC
peiron@niwhrc.org
www.niwhrc.org
The NIWHRC's goal is to establish a national Indian women's health network that promotes advocacy, education, policy development, and culturally appropriate women's health research.

3.

Native American Cancer Initiatives, Inc. and
Native American Cancer Research
3022 South Nova Road
Pine, CO 80470-7830
(303) 838-9359
(800) 537-8295
contact05@natamcancer.org
www.natamcancer.org
Provides print and video materials for Native American breast cancer survivors on living beyond diagnosis. Contact them for the National Native American Breast Cancer Survivor's Network, which addresses support issues for Native Americans who are affected by breast cancer, provides telephone support, educational and support resources as well as materials to help family and friends cope with a loved one's diagnosis.

Get on the Path to Breast Cancer
(Native American Cancer Initiatives, Inc. and Native American Cancer Research, 2002)
www.natamcancer.org
Part of an online series, this brochure offers a breast cancer health curriculum that has been tested and validated for use in Native American communities.

Native American Cancer Research Partnership
(NACRP)
1527 East Mabel Street
Tucson, AZ 85721
(520) 626-0260
(520) 626-0265
guengerm@email.arizona.edu
<http://nacrp.web.arizona.edu>
The NACRP's purpose is to equip the next generation of Native American researchers and health care professionals with the tools needed to bring about sustained improvement of health to Native American communities.

Native C.I.R.C.L.E - The American Indian/Alaska
Native Cancer Information Resource Center
Charlton 6, Room 282
200 First Street, SW
Rochester, MN 55905
(877) 372-1617
nativecircle@mayo.edu
<http://cancercenter.mayo.edu/native.cfm>
The Native CIRCLE is a resource center providing cancer-related materials to health care professionals and lay people involved in the education, care and treatment of American Indians and Alaska Natives.

The Native American Women's Health
Education Resource Center
PO Box 572
Lake Andes, SD 57356-0572
(605) 487-7072
www.nativeshop.org/nawherc.html
The Resource Center has expanded to include many programs benefiting people locally, nationally, and internationally including the Youth Wellness Program, cancer prevention, scholarships for Native American women and reproductive health.

Office of Native Cancer Survivorship
13790 Davis
Anchorage, AK 99516
(800) 315-8848 (Helpline)
(907) 333-2071
info@oncs.org
www.oncs.org
Partners with local and national organizations to develop programming and resources for American Indians and Alaska Natives who are facing a cancer diagnosis. Services may include transportation, coverage for medical care, and caregiver support. Also has a toll-free cancer survivor helpline.

Community programs

Native Women's Wellness Program
South Puget Intertribal Planning Agency (SPIPA)
3104 SE Old Olympic Hwy
Shelton, WA 98584
(360) 426-3221
(800) 924-3984 Ext. 3221
www.spipa.org/nativewomen.shtml
The program provides Native women, at each of the five tribal sites, access to annual wellness exams and a range of services from screenings (mammograms and breast exams) to imaging work-ups for abnormal tests.

Northwest Portland Area Indian Health Board
527 SW Hall, Suite 300
Portland, OR 97201
(503) 228-4185
npaih@npaih.org
www.npaihb.org
Provides technical assistance to nine tribes in Oregon regarding early detection of breast and cervical cancer. Maintains list of tribes and other resources for American Indian women.

Asian American Women

Asian American Network for Cancer Awareness, Research, and Training (AANCART)
University of California, Davis Cancer Center
4501 X Street, Suite 3003
Sacramento, CA 95817
aancart@ucdavis.edu
www.aancart.org

AANCART is a cooperative agreement between the National Cancer Institute (NCI) and the University of California, Davis. It is the first-ever national cancer awareness research and training infrastructure intended to address Asian American concerns.

Asian Pacific Development Center
1544 Elmira Street
Aurora, CO 80010
(303) 365-2959 Ext. 101
www.apdc.org

Provides culturally-competent health and education services to the Asian American and Pacific Islander communities in Colorado as well as information and consultation to the community at large, on issues relevant to Asian Pacific Islanders.

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1709 Dryden, Suite 1025
Houston, TX 77030
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icc@bcm.edu
www.iccnetwork.org
The ICC promotes policies, programs, partnerships, and research to eliminate the unequal burden of cancer among racial and ethnic minorities and medically underserved populations in the U.S. and its associated territories.

Community Programs

Center for Pan Asian Community Services, Inc.
3760 Park Avenue
Doraville, GA 30340
(770) 936-0969
cpacs@cpacs.org
www.cpacs.org
Provides culturally and language-appropriate breast health education, breast cancer screening, follow-up services and support for underinsured Asian and Pacific Islander women in Georgia.

National Asian Women's Health Organization (NAWHO)
One Embarcadero Center, Suite 500
San Francisco, CA 94111
(415) 773-2838
info@nawho.org
www.nawho.org
NAWHO is a community-based health advocacy organization committed to improving the health status of Asian women and girls. NAWHO created the Asian American Women's Breast and Cervical Cancer Project which works with Asian American communities and healthcare providers to ensure culturally-appropriate breast and cervical cancer services.

Southeast Asian Health Program
Family Health and Social Service Center
26 Queen Street
Worcester, MA 01610
(508) 860-7700
(508) 860-7792
www.fhcw.org/seap.htm
This community-based health program offers culturally appropriate educational materials on breast cancer and provides referrals for screening.

Jewish women

Hadassah The Women's Zionist Organization of America

50 West 58th Street

New York, NY 10019

(800) 664-5646

www.hadassah.org

Hadassah provides comprehensive education and care to American and Jewish women and their loved ones facing a breast cancer diagnosis.



Sharsheret

1086 Teaneck Road, Suite 3A

Teaneck, New Jersey 07666

(866) 474-2774

info@sharsheret.org

www.sharsheret.org

Sharsheret is a national organization of cancer survivors dedicated to addressing the unique challenges facing young Jewish women living with breast cancer.



Breast Cancer Genetics and the Jewish Woman

(Sharsheret, 2006)

www.sharsheret.org/resources.php

or (866) 474-2774

This booklet is designed to answer frequently asked questions about hereditary breast and ovarian cancer and its impact on the Jewish woman. It is intended for women who have already been diagnosed with breast cancer and for those who have a strong family history of the disease.



Facing Breast Cancer as a Jewish Woman
(Sharsheret, 2005)

www.sharsheret.org/resources.php

or (866) 474-2774

This booklet is designed to raise awareness about the issues many Jewish women face in their fight against breast cancer and the resources available to help address those concerns.



Facing Breast Cancer as an Orthodox Jewish Woman

(Sharsheret, 2005)

www.sharsheret.org/resources.php

or (866) 474-2774

Provides culturally-sensitive information about breast cancer and the support available to Hasidic and Orthodox women.



The Jewish Family Facing Breast Cancer
(Sharsheret, 2005)

www.sharsheret.org/resources.php

or (866) 474-2774

The Jewish Family facing breast cancer may encounter additional challenges and concerns about hereditary breast cancer, cultural stigmas associated with serious illness, and the emotional and physical preparation for Jewish holidays and family milestones. This booklet is meant to address common issues and concerns for Jewish families facing breast cancer.

Latinas

Cancer Facts & Figures for Hispanics/Latinos 2006-2008

(American Cancer Society, 2006)

www.cancer.org or (800) ACS-2345

This booklet provides cancer statistics for Hispanics/Latinos and addresses the most commonly diagnosed cancers, including breast cancer. It also addresses risk factor statistics and the use of screening tests.

Latin American Research and Service Agency (LARASA)

309 West 1st Avenue

Denver, CO 80223

(303) 722-5150

latinohealth@larasa.org

www.larasa.org

LARASA aims to lead and influence change to improve the quality of life for Latinos. LARASA's breast cancer initiatives include outreach, education, training, and screening programs.

Nueva Vida, Inc.
2000 P St., NW Suite 740
Washington, DC 20036
(202) 223-9100
info@nueva-vida.org
www.nueva-vida.org

Works to inform, support and empower Latinas whose lives are affected by cancer. Includes services in Spanish and Latina support groups.

We Celebrate Tomorrow:
Latinas Living Beyond Breast Cancer
(Living Beyond Breast Cancer, 2004)
www.lbbc.org or (888) 753-5222

This comprehensive booklet was designed to help Latinas navigate a diagnosis of breast cancer.

Community programs

Dia de la Mujer Latina, Inc.
3750 Venture Drive, Suite 100A
Duluth, GA 30096
(866) 54-MUJER
(770) 814-8790
www.diadelamujerlatina.org

Promotes breast health awareness to the underserved Latina community by providing a culturally appropriate setting for early detection, screening, preventive care and resource information for follow-up services.

Project SOL - Survivor Outreach to Latinas with Breast Cancer
University of Colorado Cancer Center
Fitzsimons Bldg #500
13001 East 17th Place
Aurora, CO 80013
(303) 724-0628
patricia.valverde@uchsc.edu

Bilingual navigation for breast cancer survivors with a matching peer support network of Spanish speaking breast cancer survivors. Additional programs include exercise and physical rehabilitation services and access to Spanish language materials and information.

SHARE Self-Help for Women with Breast or Ovarian Cancer
1501 Broadway, Suite 704A
New York, NY 10036
(212) 719-4454 (Latina hotline)
(866) 891-2392

www.sharecancersupport.org
SHARE offers survivor-led support to women with breast or ovarian cancer, their families and friends. Latina SHARE's services include a Spanish hotline, support groups, wellness programs, educational meetings, and advocacy activities in a number of locations in New York City.

Spanish language resources

American Cancer Society
1599 Clifton Road
Atlanta, GA 30329
(800) ACS-2345
www.cancer.org

A national, community-based organization that provides information and referrals to numerous education, community and patient support services. Provides their website and many of their resources in Spanish, as well as Spanish language assistance over the phone.

CancerCare, Inc.
National Office
275 Seventh Avenue, 22nd Floor
New York, NY 10001
(800) 813-4673 (Helpline)
(212) 712-8080
info@cancercare.org
www.cancercare.org/espanol
Provides a number of valuable resources for cancer survivors and their caregivers. They offer a Spanish website as well as a helpline for Spanish speakers.

Circulo de Vida Cancer Support and Resource Center
2601 Mission Street, Suite 702
San Francisco, CA 94110
(415) 648-9423
www.circulodevida.org
Spanish-language cancer support program in the greater Bay Area providing translation services, in-hospital and in-home care during surgery and treatment, and Spanish-language support groups for patients and their children.

3.

Confie en el Mañana

by Vladamir Lange, MD

(Lange Productions, 2005, \$24.95)

www.langeproductions.com

Spanish version of Lange's *Be A Survivor: Your Guide to Breast Cancer Treatment*, a comprehensive overview of breast cancer and breast cancer treatment.

National Cancer Institute

31 Center Drive, MSC 2580

Bethesda, MD 20892-2580

(800) 4-CANCER

cancergovstaff@mail.nih.gov

www.cancer.gov/espanol

The NCI is the National Institute of Health's principle agency for cancer research. The NCI conducts and supports programs with respect to cause, diagnosis, prevention, and cancer treatment, rehabilitation from cancer, and the continuing care of cancer patients and their families. The NCI's Cancer Information Service offers a number of resources in Spanish as well as provides information over the phone to Spanish speakers.

Prevención, Inc.

3057 Fourth Street NE

Washington, DC 20017

(202) 832-6789

prevencion@prevencion.org

www.prevencion.org

Produces and distributes Spanish-language health information that is culturally sensitive and linguistically accurate. Focuses communication efforts on reaching Latinos with limited literacy, income and access to quality health information.

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University of Colorado Cancer Center

Fitzsimons Bldg #500

13001 East 17th Place

Aurora, CO 80013

(303) 724-0628

patricia.valverde@uchsc.edu

Bilingual navigation for breast cancer survivors with a matching peer support network of Spanish speaking breast cancer survivors. Additional programs include exercise and physical rehabilitation services and access to Spanish language materials and information.

Women with disabilities

Accessible Breast Care for Women with Disabilities (ABCD)

University of Memphis

Memphis, TN 38152

<http://abcd.memphis.edu>

The ABCD website provides resources and guidelines for women regarding accessible breast care for women with disabilities.

Breast Health Access for Women with Disabilities

Alta Bates Summit Medical Center

Herrick Campus

Rehabilitation Services

2001 Dwight Way, 2nd Floor

Berkeley, CA 94704

(510) 204-4866

www.bhawd.org

Community partnership of women with disabilities, breast cancer survivors, medical professionals and grassroots organizations focused on the development of culturally competent programs to address the health needs of women with disabilities.

Lighthouse International

111 East 59th Street

New York, NY 10022-1202

(800) 829-0500

(212) 821-9200

info@lighthouse.org

www.lighthouse.org

Organization providing resources, support, and free Braille translation for individuals and healthcare providers.

National Women's Health Information Center- Women with Disabilities

(800) 994-9662

www.4women.gov/www

A service of the United States Department of Health and Human Services, the Center lists accessibility guidelines, financial resources, as well as other services and support for women with disabilities.

Community programs

NYS Commission on Quality Care/Advocacy for Persons with Disabilities
401 State Street
Schenectady, NY 12305
(800) 624-4143
(800) 522-4369
(518) 474-5567 (out of state)
webmaster@cqcapd.state.ny.us
www.cqcapd.state.ny.us
An independent New York State government agency charged with improving the quality of life for New Yorkers with disabilities and protecting their rights. The agency provides information and referrals to appropriate community resources for persons with disabilities.

Women who partner with women

Mautner Project - The National Lesbian Health Organization
1707 L Street NW, Suite 230
Washington, DC 20036
(866) MAUTNER
(202) 332-5536
mautner@mautnerproject.org
www.mautnerproject.org
Support organization for lesbians with cancer and their loved ones; provides information resources in English and Spanish.

Lesbian Health Research Center
UCSF Laurel Heights Campus
3333 California Street, Suite 340
San Francisco, CA 94118
(415) 502-5209
lhrc@ucsf.edu
www.lesbianhealthinfo.org
Provides research data for making public policy decisions, improving public education, and facilitating community interventions focused on the health care status and needs of lesbians, bisexual women, and transgender individuals.

Community programs

Atlanta Lesbian Cancer Initiative
1530 DeKalb Avenue, NE, Suite A
Atlanta, GA 30307
(404) 688-2524
www.alci.org
Provides culturally specific outreach and education to lesbians within metropolitan Atlanta. Programs promote the overall health and wellness as well as breast health and cancer prevention education.

Fenway Community Health
7 Haviland Street
Boston, MA 02115
(617) 267-0900
(617) 927-6460 (Spanish)
www.fenwayhealth.org
LGBT healthcare and support. The center offers support groups for lesbians with breast cancer as well as their partners.

Lesbian Community Cancer Project
4025 North Sheridan Road
Chicago, IL 60613
(773) 561-4662
info@lccp.org
www.lccp.org
Provides workshops/lectures on topics such as relationships and chronic illness. Call for most recent offerings.

The Hambleton Project for Lesbians with Cancer
1112 Northeast 21st Ave, Suite 5
Portland, OR 97232
(503) 335-6591
hambproj@easystreet.com
www.hambletonproject.org
Invites lesbians with cancer and other life threatening conditions, their partners, family, friends and caregivers to call for assistance or information. All services are discreet and free.

3.

Lesbian Cancer Initiative
The Lesbian, Gay, Bisexual & Transgender (LGBT)
Community Center
208 West 13th Street
New York, NY 10011
(212) 620-7310 Ext. 258
(646) 486-9381
ICI@gaycenter.org
www.gaycenter.org

Program dedicated to providing support services to lesbian, bisexual and transgender women and their partners affected by breast cancer. Services include individual counseling, support group (Survivors & Caregivers) and peer support.

Personal stories



My One-night Stand with Cancer: A Memoir
by Tania Katan (Alyson Books, 2005, \$15.95)

When the author was 21 years old, she was diagnosed with breast cancer. Ten years later it happened again. By 31, she was a two-time breast cancer survivor with the scars to prove it and a sense of humor forged by her experience. The memoir of this lesbian breast cancer survivor, loaded with rage and humor, is woven through with stories of picking up women while bald, coping with her supportive but neurotic family and pledging to never date psychotic women again.

The Cancer Journals

by Audre Lorde (Aunt Lute Books, 2005, \$12.95)
First published in 1980, the forthrightness and ferocity with which the author, an African American lesbian poet, greeted every social injustice is in full force in this courageous exploration of her breast cancer. Using the journal, memoir, and essay forms, Lorde gives voice to her feelings about the pain of amputation, the function of cancer in a profit economy, confrontation with mortality, the strength of women loving, and the power and rewards of self-conscious living.