









## Publications

All YSC publications can be ordered by emailing [ResourceLink@youngsurvival.org](mailto:ResourceLink@youngsurvival.org) or calling (877) YSC-1011.

### Brochures

-  **Changing the Face of Breast Cancer**  
Provides an overview of the YSC and its programs and outlines how, through action, advocacy and awareness, the YSC works to change the face of breast cancer and increase the quality and quantity of life for all young women affected by breast cancer. Also available in Spanish.
-  **ResourceLink**  
Provides an overview of the YSC's ResourceLink program, which provides peer support, information and resources to young women affected by breast cancer, their family and friends and health care professionals.
-  **What Every Young Woman Needs to Know About Breast Cancer**  
Offers important information on young women and breast cancer including statistics and what a young woman should do if she feels a lump. This brochure is a resource for all young women and the members of the medical community who serve them. Also available in Spanish.
-  **Young Women Living with Advanced Breast Cancer (YWABC)**  
This brochure outlines the resources available to young women living with metastatic or advanced breast cancer from the YSC.

### Fact sheets

-  **Young Women and Breast Cancer**  
Presents statistics and information regarding young women with breast cancer.
-  **Hereditary Breast Cancer**  
Developed in collaboration with Facing Our Risk of Cancer Empowered (FORCE), this fact sheet provides information and resources regarding hereditary breast cancer and testing options.
-  **Helping Children Cope with Breast Cancer**  
Written for the YSC by child psychologist Cynthia Moore, PhD of the Massachusetts General Hospital Parenting at a Challenging Time (PACT) Program to help parents to help children cope when there is a breast cancer diagnosis in the family.
-  **Inflammatory Breast Cancer**  
Developed in collaboration with Inflammatory Breast Cancer Research, this fact sheet provides information regarding inflammatory breast cancer.

## DVDs

 **The Beautiful Eight: Young Women Learning to Live with Advanced Breast Cancer**  
Directed and produced by Beth Murphy (Principle Pictures and Young Survival Coalition, 2006)

An intimate discussion among eight young women diagnosed with metastatic breast cancer. Join them on this journey filled with hope, fear, laughter, anxiety and determination to live life to the fullest. *The Beautiful Eight* connects you with a community of young women who openly share their experience of living with advanced breast cancer.

 **Breast Cancer Legacy**  
Directed and produced by Beth Murphy (Principle Pictures and Young Survival Coalition, 2004)

This video focuses on the role that genetics and family history play in young women affected by breast cancer. The documentary tells the story of four young women and their families while illustrating the psychological, medical, ethical and interpersonal issues these women face as they confront their family histories of cancer and make life-altering decisions about their futures.

 **Fighting For Our Future**  
Directed and produced by Beth Murphy (Principle Pictures and Young Survival Coalition, 2002)

This Lifetime Television original documentary chronicles the lives of three young women with breast cancer and how they deal with issues such as dating and sexuality, fertility and pregnancy concerns, and mortality at a young age. It also chronicles the formation of the YSC and the movement supporting young women with breast cancer.

 **You Are Not Alone**  
Directed and produced by Beth Murphy (Principle Pictures and Young Survival Coalition, 2003)

This educational DVD is an intimate conversation with six young women diagnosed with breast cancer at a young age and is designed to help other young women facing a breast cancer diagnosis.

## Other


 **Fighting For Our Future: How Young Women Find Strength, Hope and Courage While Taking Control of Breast Cancer**

by Beth Murphy (McGraw-Hill, 2003, \$14.95, also available through the YSC)


A comprehensive survival guide for young women diagnosed with breast cancer, doctors and caregivers. Practical and personal, this book covers a range of concerns, from how to find a breast surgeon to the effects of breast cancer on relationships, to surgical options.

 **You Are Not Alone**  
(American Cancer Society and Young Survival Coalition, 2002 – new edition expected in 2007)


This informational booklet provides support, education and useful resources for young women newly diagnosed with breast cancer.

 **Young Perspectives Newsletter**  
Informative newsletter that contains updates on how the YSC is carrying out its mission of improving the quality and quantity of life for young women affected by breast cancer through action, advocacy and awareness.

## National programs

 YSC Website  
[www.youngsurvival.org](http://www.youngsurvival.org) or [yscweb@youngsurvival.org](mailto:yscweb@youngsurvival.org)

The YSC website is the most comprehensive resource in the world for and about young women affected by breast cancer. The site features: survivor stories; bulletin boards where young women living with and at-risk for breast cancer, their friends and family members can exchange experiences and information; breast cancer FAQs; details on national and regional events; information on clinical trials and studies actively recruiting participants; summaries of medical research focused on young women and breast cancer; "Ask the Expert" pages on specific topics; and the ability to order YSC merchandise and make monetary donations. The YSC website also hosts pages specific to the YSC's Affiliate Chapters, allowing them to showcase their local programs, activities and merchandise.

 Adopt-a-Hospital Resource and Information Campaign  
[AdoptAHospital@youngsurvival.org](mailto:AdoptAHospital@youngsurvival.org)

The YSC works with constituents in all 50 states to "adopt" hospitals, cancer centers and doctors' offices to increase awareness of the YSC and ensure that these institutions have YSC brochures and resources on hand for the young women affected by breast cancer that they serve. This program enables the YSC to expand its reach, empower its constituents and decrease the sense of isolation they may feel and place vital resources into the hands of those who need it most.

 Annual Conference for Young Women Affected by Breast Cancer  
[www.youngsurvivorsconference.org](http://www.youngsurvivorsconference.org)

This event, the only international conference of its kind, addresses the critical concerns and issues faced by young women affected by breast cancer. Co-hosted by the YSC and Living Beyond Breast Cancer (LBBC), this conference provides young women, their loved ones and caregivers the opportunity to hear world-renowned clinicians and researchers speak on the medical advances specific to young women affected by breast cancer, and network with others who share their experiences.

 Diversity Program  
[diversity@youngsurvival.org](mailto:diversity@youngsurvival.org)

The Diversity Outreach program aims to foster a committed, connected and diverse community for young women affected by breast cancer. The Diversity Outreach Committee bring together women of color, women who partner with women and women of all socioeconomic backgrounds, cultures and disabilities to share their opinions and work together to create programs and to establish partnerships with organizations to ensure young women, in all communities, who are affected by breast cancer have access to the information and support they need.

 Living with Metastatic Breast Cancer  
[ywabc@youngsurvival.org](mailto:ywabc@youngsurvival.org)

The YSC is developing ongoing programs for young women with metastatic breast cancer, a particularly underserved population. These programs aim to reduce the sense of isolation, provide information and address the unique and often "whispered" issues of women living with advanced disease. Specific aspects of this program include an educational video for young women living with metastatic breast cancer, fact sheets, brochures, live chats and teleconferences on issues specific to them.

 Newly Diagnosed Resource Kits  
[affiliate@youngsurvival.org](mailto:affiliate@youngsurvival.org)


These kits are designed to provide newly-diagnosed patients with practical information on breast cancer and local resources specific to young women. The kits are distributed to patients through hospitals at a time when their need for information and resources is greatest. The distribution of Newly Diagnosed Resource Kits is a YSC National program that is implemented at the local level.

 **Point of Contact**  
*ResourceLink@youngsurvival.org* or (877) YSC-1011

The Point of Contact Program, a subset of the ResourceLink program, is a matching service that provides a constituent with a conversation (over the telephone or by email) with a peer-match volunteer who shares a similar diagnosis, similar life experiences or concerns. Point of Contact volunteers are a group of individuals who are eager to connect with other young women that have been affected by breast cancer to help them navigate their experience at any point in their cancer journey.

 **ResourceLink**  
*ResourceLink@youngsurvival.org* or (877) YSC-1011

ResourceLink is the primary email and toll-free resource for anyone with questions regarding breast cancer in young women. Inquiries can be made to [ResourceLink@youngsurvival.org](mailto:ResourceLink@youngsurvival.org) or by calling (877) YSC-1011. A YSC staff member will answer questions, provide referrals to appropriate resources and connect those who call and email with a community of young women affected by breast cancer.

 **Young Perspectives Teleconferences**  
*info@youngsurvival.org*

Young Perspectives is a national teleconference series that addresses the issues critical to young women affected by breast cancer. The program format is a presentation by one or more breast cancer experts, followed by an interactive Q&A session. Past topics include breast cancer genetics, fertility and pregnancy, clinical trials, intimacy and sexuality and advanced disease.

## YSC Affiliates

 **Atlanta**  
(770) 377-8956

[yscatlanta@youngsurvival.org](mailto:yscatlanta@youngsurvival.org)

[www.youngsurvival.org/atlanta](http://www.youngsurvival.org/atlanta)

YSC Atlanta became an affiliate of YSC in 2005 serving the 11 counties in the Metro Atlanta area. YSC Atlanta focuses on education and outreach opportunities and provides peer-to-peer support for newly-diagnosed young women.

 **Baltimore**  
(410) 961-8062

[yscgreaterbaltimore@youngsurvival.org](mailto:yscgreaterbaltimore@youngsurvival.org)

[www.youngsurvival.org/baltimore](http://www.youngsurvival.org/baltimore)

YSC of Greater Baltimore is a group of women who meet monthly in the Greater Baltimore Metropolitan area. With the help of the funding through the Maryland Affiliate of the Susan G. Komen Breast Cancer Foundation, YSC is able to reach out in the community with breast health education and awareness in the Maryland colleges. YSC Baltimore has various young survivor groups that meet in different areas of the state. These meetings are geared specifically for the unique support and educational needs of young women with breast cancer.

 **Central Indiana**  
(317) 776-1766

[ysccentralindiana@youngsurvival.org](mailto:ysccentralindiana@youngsurvival.org)

[www.youngsurvival.org/indianapolis](http://www.youngsurvival.org/indianapolis)


YSC Central Indiana became an affiliate in 2005 through the efforts of seven young breast cancer survivors who had been meeting since 2000. The affiliate is active in the breast cancer community, partnering with many of the other organizations in Central Indiana. In addition to a commitment to advocate and educate that young women can and do get breast cancer, the affiliate participates in many area events, and provide social opportunities for group members.

 **Central Ohio**  
(614) 470-0300

[ysccentralohio@youngsurvival.org](mailto:ysccentralohio@youngsurvival.org)

[www.youngsurvival.org/columbus](http://www.youngsurvival.org/columbus)

YSC Central Ohio is proud to offer programs and services to young breast cancer survivors and their supporters in the greater Columbus area. YSC Central Ohio hosts a monthly networking group for young women with breast cancer.

 **Houston**  
(713) 468-3575

[yschouston@youngsurvival.org](mailto:yschouston@youngsurvival.org)

[www.youngsurvival.org/houston](http://www.youngsurvival.org/houston)

The Houston Chapter started in the fall of 2002. Since then the chapter has grown substantially and expects to grow much more as their Newly Diagnosed Resource Kits become available and as they become more recognized in the Houston breast cancer community and Houston community in general.

 **Kansas City**  
(913) 205-5812

[ysckansascity@youngsurvival.org](mailto:ysckansascity@youngsurvival.org)

[www.youngsurvival.org/kansascity](http://www.youngsurvival.org/kansascity)

The Greater Kansas City Affiliate of the YSC is a very diverse group made up of survivors, co-survivors and any individuals interested in the issue of breast cancer in young women. The Affiliate is focused on raising awareness in the community that young women do get breast cancer and ensures that all young women in the community have a place to turn if diagnosed.

 **Northern New Jersey**  
(201) 493-9606

[yscnnj@youngsurvival.org](mailto:yscnnj@youngsurvival.org)

[www.youngsurvival.org/northernnewjersey](http://www.youngsurvival.org/northernnewjersey)

The YSC Northern NJ Chapter includes breast cancer survivors, family, and friends who realize breast cancer affects everyone and want to make a difference in young women's lives. YSC NNJ participates in local outreach events, collaborates with other local breast cancer organizations, and distributes resource materials to medical professionals, survivors and healthy young women. The chapter recently implemented a new program for survivors to connect outside of regular meetings taking place once a month.

## Current Community Volunteer Groups (CVG)

The YSC also has a number of Community Volunteer Groups operating locally. A CVG is comprised of volunteers who wish to do the work of the YSC as individuals or as a small group. The main focus on a CVG is to connect with young women affected by breast cancer and to do YSC programs locally. These groups are essentially YSC volunteers who serve as a point of contact for young women in their communities.

 **Duluth, MN**  
(218) 724-6007

[yscduluthcvg@youngsurvival.org](mailto:yscduluthcvg@youngsurvival.org)

 **Greater Philadelphia, PA**  
(215) 766-8907

[yscphillycvg@youngsurvival.org](mailto:yscphillycvg@youngsurvival.org)

 **Northern California**  
(510) 524-8409

[yscncalif@youngsurvival.org](mailto:yscncalif@youngsurvival.org)

 **Orlando, FL**  
(407) 622-1315

[yscorlandocvg@youngsurvival.org](mailto:yscorlandocvg@youngsurvival.org)

 **Washington, DC**  
(703) 915-0392

[yscdcmetro@youngsurvival.org](mailto:yscdcmetro@youngsurvival.org)

 **San Diego, CA**  
(617) 669-9170

[yscsandiegocvg@youngsurvival.org](mailto:yscsandiegocvg@youngsurvival.org)